

2008 MIAC Women's Swimming & Diving Awards

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St. Paul, Minn. -- The 2008 Minnesota Intercollegiate Athletic Conference (MIAC) Swimming & Diving Championships came to a close on Saturday evening with the Gustavus women taking home the team title. Individual awards were presented on Saturday as well, below are the award winners.



As part of a conference-wide sportsmanship initiative, the MIAC selected the second annual All-MIAC Sportsmanship team for Women's Swimming & Diving. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

Women's Swimmer of the Year - Kate Alexander, Carleton

- Alexander (So., Tigard, Ore./Tualatin) won three individual events breaking three conference records in the process and was part of a first-place relay team. On Thursday, Alexander shattered her own conference and meet mark as she cruised to the victory in the 200 IM with an NCAA automatic qualifying time of 2:06.94, more than two seconds better than last year's time. On Friday, Kate Alexander cruised to the victory in the 400 IM as she obliterated her own conference record by four-and-a-half seconds with a time of 4:30.33, an NCAA automatic qualifier. She also swam a leg on Carleton's victorious 200 medley relay. On Saturday, she successfully defended her 200 breaststroke title, doing so in meet record time of 2:22.75 to capture her third individual crown of the championships.

Women's Diver of the Year - Alyssa Germeroth, St. Olaf

- Germeroth (So., Scottsdale, Ariz.) won the 1 and 3-meter diving events for the second straight year at the MIAC Championships. In Saturday's 1-meter final, Germeroth edged the competition by .75 points with her total of 372.75. On Friday, Germeroth captured the 3-meter crown with a score of 393.70.

Women's Swimming Co-Coaches of the Year - Tom Hodgson, St. Thomas & Brooke Larsen, Carleton

- St. Thomas swimming coach Tom Hodgson was named MIAC Women's Co-Coach of the Year at the conclusion of Saturday's MIAC Championships, he was also named the Men's Coach of the Year. It was the second consecutive honor for Hodgson on the women's side. On the women's side, the Tommies placed fifth and had a rare triple winner in freshman Becca Ney.
- Carleton swimming coach Brooke Larsen was named the MIAC Women's Co-Coach of the Year following her team's third place finish at the MIAC Championships on Saturday. Larsen led the Knights to an incredibly successful meet with six individual titles and three relay firsts. Under the direction of Larsen, Carleton sophomore Kate Alexander won three individual titles and was named MIAC Swimmer of the Year.

Diving Coach of the Year - Gabe Kortuem, St. Olaf & Carleton

- Gabe Kortuem guided the St. Olaf and Carleton diving teams and was selected the Diving Coach of the Year. Kortuem coached Women's Diver of the Year Alyssa Germeroth (So., St. Olaf) and Men's Co-Diver of the Year John Knapp (Jr., Carleton).

Women's Swimming & Diving All-MIAC Sportsmanship Team

Augsburg College - Natalie Sasseville (So., Bloomington, Minn./Kennedy)
Carleton College - Kenley Jackson (Sr., Morgantown, W.Va.)
Concordia College - Latoya Gruys (Sr., Burnsville, Minn.)
Gustavus Adolphus College - Sunny Sonabend (Sr., Prior Lake, Minn.)
Hamline University - Kelsey Easter (Sr., Minneapolis, Minn./Edison)
Macalester College - Kristin Mathson (Sr., Verona, Wis.)
College of Saint Benedict - Alison Pagliacetti (Jr., Virginia, Minn.)
College of St. Catherine - Kelley Holmes (Fy., Omaha, Neb./Millard South)
Saint Mary's University - Jennifer Salzman (So., Hilo, Hawaii)
St. Olaf College - Carrie Heiberg (So., Excelsior, Minn./Minnetonka)
University of St. Thomas - Krista Horejsi (So., Albert Lea, Minn.)

[2008 MIAC Swimming & Diving Championships Website](#)